

Eesti MV normatiivid 2018-2019 hooajaks

| Naised | | | | EUL | Mehed | | | |
|----------|----------|----------|----------|-----------------|----------|----------|----------|----------|
| ABS 25m | ABS 50m | N&J 25m | N&J 50m | Alad | ABS 25m | ABS 50m | N&J 25m | N&J 50m |
| 00:31,70 | 00:32,50 | 00:33,00 | 00:33,80 | 50 vab | 00:28,00 | 00:29,00 | 00:29,90 | 00:30,90 |
| 01:09,50 | 01:11,00 | 01:11,50 | 01:13,00 | 100 vab | 01:02,50 | 01:04,50 | 01:06,50 | 01:08,50 |
| 02:36,00 | 02:40,00 | 02:41,00 | 02:45,00 | 200 vab | 02:16,00 | 02:20,00 | 02:22,00 | 02:26,00 |
| 05:27,00 | 05:35,00 | 05:35,00 | 05:43,00 | 400 vab | 04:59,00 | 05:07,00 | 05:06,00 | 05:14,00 |
| 10:54,00 | 11:10,00 | 11:23,00 | 11:39,20 | 800 vab | 09:42,00 | 09:58,00 | 10:11,00 | 10:27,00 |
| 20:05,00 | 20:35,00 | 21:28,00 | 21:58,00 | 1500 vab | 18:30,00 | 19:00,00 | 19:27,00 | 19:57,00 |
| 00:36,00 | 00:37,00 | 00:38,70 | 00:39,70 | 50 sel | 00:33,50 | 00:34,50 | 00:34,90 | 00:35,90 |
| 01:19,00 | 01:22,00 | 01:24,40 | 01:27,40 | 100 sel | 01:10,00 | 01:13,00 | 01:15,50 | 01:18,50 |
| 02:49,00 | 02:55,00 | 02:54,00 | 03:00,00 | 200 sel | 02:36,00 | 02:42,00 | 02:41,00 | 02:47,00 |
| 00:41,00 | 00:42,00 | 00:42,00 | 00:43,00 | 50 rin | 00:37,00 | 00:38,00 | 00:38,00 | 00:39,00 |
| 01:27,50 | 01:30,50 | 01:29,50 | 01:32,50 | 100 rin | 01:21,00 | 01:24,00 | 01:23,50 | 01:26,50 |
| 03:09,00 | 03:15,00 | 03:18,00 | 03:24,00 | 200 rin | 02:56,00 | 03:02,00 | 03:06,00 | 03:12,00 |
| 00:34,20 | 00:35,00 | 00:36,80 | 00:37,80 | 50 lib | 00:31,00 | 00:32,00 | 00:33,00 | 00:34,00 |
| 01:21,50 | 01:23,00 | 01:27,00 | 01:29,00 | 100 lib | 01:09,50 | 01:11,50 | 01:16,00 | 01:18,00 |
| 03:08,00 | 03:12,00 | 03:13,00 | 03:17,00 | 200 lib | 02:38,00 | 02:42,00 | 02:52,00 | 02:56,00 |
| 01:18,00 | | 01:27,00 | | 100 ko | 01:07,50 | | 01:18,00 | |
| 02:47,00 | 02:53,00 | 02:58,00 | 03:04,00 | 200 ko | 02:34,00 | 02:40,00 | 02:40,00 | 02:46,00 |
| 05:58,00 | 06:10,00 | 06:15,00 | 06:27,00 | 400 ko | 05:38,00 | 05:50,00 | 05:55,00 | 06:07,00 |